



BY MTHOBISI MAGAGULA

**6 OUTFITS
THAT KEEP
MEN SAFE
FROM THE
COLD
DAYS**

2023 release

blog at WordPress.com

6 Outfits that keep men safe from the cold days is a 17 page portable document format written by Mthobisi Magagula.

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Introduction

Writing this seventeen page portable document format is one of my goals this 2023 to exercise my writing craft given that I am a regular Blogger on a writing platform online called WordPress which is an application that enables an aspiring writer to pin down their thoughts in the form of a blog and one can even design a fully-fledged website there too. This book title ***“6 Outfits that keep men safe from the cold days”*** is an idea that dawned in me this past couple of weeks around February and I said why not go for it and just speak my mind about it in the form of writing.

Studying men’s fashion and style since I became a Blogger in 2020 is one reason why I wanted to write my own fashion book. This is not a hard book with science wrapped around it as if we studying rocket science but this is an idea that can be practiced in real life in regards to dressing sharp, men’s tips for being stylish and lastly, this was written because of my aim and goal when I started a blog on WordPress and that was to help men dress better. It really is that simple and if you are a man who wants to dress well and learn about the results you will experience when you are wearing your suit, blazer, boots, jeans and why nailing the fit of all these things gives you confidence, makes you to take radical changes in your life and even though this book will cover ONLY cold weather essentials and accessories in each of these six outfits doesn’t mean you should stop there, you can apply what you have read here even during the summer season.

This book reflects my personality as well and my thoughts about the upcoming winter seasons which will be chilly and cold as weather predictors predict and why these outfits are a must have. So, I hope you will enjoy.

~Mthobisi Magagula

Don't let the cold spoil your confidence

As you dive deep into the contents and details of this book, there is one thing that must always be at the back of your mind and that is to always be confident in yourself and to let the fire burn even during the cold days when the cold and flu season has swayed by leaving the majority of men unconfident and having a low self-esteem to a point whereby they abandon dressing stellar as they should.

A quote by George R.R Martin that goes like this “Nothing burns like the cold” is a quote that means during winter or cold days the temperatures are harsh and penetrating like the burns of the sun in the exact same way that nothing burns like the sun during summer. Looking at how winter here in Africa is, it is evident that some parts of the continent are characterized by its wet and dry conditions due to the geographical locations. Editorial websites show that winter in Africa is generally warm and not as stiff as in other continents such as Asia and North America. Winter in this African continent is fairly mild to warm and it occurs between the months of June, July and August. However in other countries like Egypt winter starts from November up until April. From George's quote you can spot the way he is suggesting that people must possess confidence and keep the fire burning which can be applied to the contexts of men's fashion and style and how to style just six outfits during these upcoming winter months which will be cold, windy and wet in most areas.

The 6 Outfits

1. Business casual outfit plus cold weather accessories

The business casual outfit is one of the common dress codes for men and it is one that is not complex at all when styling one. This outfit just like the smart casual outfit is an outfit that comprises of button down shirts, sports jacket or blazers, dress boots, chino trousers or suit trousers, dress shirts with patterns and jeans.

One can even say this outfit is a relaxed style that cuts in the middle and sits in between dressy looks and casual looks. There are quite a number of blogs out there that can give you almost the same answer that business casual outfit is one that is less formal and one you can wear even at the office if you work indoors or at an event that needs you to dress a bit, the business casual comes to your rescue. Men are different and not all will usually go for the formal apparel, some are casual in nature, they grew up loving casual wear and in situations whereby they need to look their best, the business casual I bet is on top of their list.

The accessories in this outfit can be worn in different ways depending on the type of item you have on. If you are someone who loves sports jackets and blazers like myself, go for pocket squares, lapel pins and the tiny pins that can be seen closely like the one Presidents wear. If you are the guy who is not a blazer man but you want some type of jacket on, well my friend, wear a denim jacket, suede jacket with a dress shirt that has patterns and stripes such as the windowpane pattern and here you have the option of leaving the neckties at your flat and wear those dress shoes with chinos, if jeans are your pant combine them with Chelsea boots that are versatile in business attires be it business casual or professional.

Accessorize with headwear too, it is not just about the items you wear on the body but the head can be styled nicely and during those rainy and cold weather conditions you will not regret one of these accessories:

➤ **Sally cap**

Okay if you have watched Peaky Blinders in your lifetime then you probably know what a “Sally cap” is. One that you know since you can dress it on your head during cold days of course plus it really is not that expensive on shopping platforms like ebay. It can be defined in many ways, others call it a newsboy or flap cap.

This hat comes in a variety of patterns and colors which can also be beneficial if coloring is your mojo. The good thing about purchasing this hat other than it gives you heat on your head is that it can make you look taller since such hats give a man extra height. This hat as an accessory can be worn in the business casual dress code with a blazer ,dress shirts with pattern and nice corduroy pants plus dress shoes or dressy boots. Hats in generally are stylish and they make the outfit unique.

➤ **Skull cap AKA the beanie**

Okay on to the next accessory in men’s headwear and that is the beanie. This hat is obviously familiar with most men as they wear it often when the temperature dips in at night or during the day when the temperature goes down or it is a cold day overall.

This hat is made from lambswool fabric and luxury cashmere which is a soft material that is perfect for the skin due to its soft drape. Wear with this your business casual attire and you will not only turn heads but stay warm as a man.



THE SCALLY CAP/NEWSBOY/ FLAP CAP



SKULL CAP/ THE BEANIE

2. Business formal outfit plus cold weather accessories

Okay on to the second outfit that keeps men safe from the cold days and that is the business formal dress code. This outfit is definitely formal and it needs your total commitment in styling formal wear like a boss. This is the outfit that is one hundred professional and worn by men who are of the working class and those in managerial positions such as CEOs, Managers, Shareholders, Head Teachers, Supervisors and those part of management like Head of department etc.. You get the picture.

Real Men Real Style website calls this outfit business professional and it is true, an outfit like this only needs formal apparel like neckties, a suit, dress shirts, dress shoes and black boots. Colors like black, red, blue, brown and grey are the go to colors in this scenario and this trifecta such as tie, shirt and formal trousers are ideal for looking like a professional. For the man who is not yet working, this style can be out of the man's league due to the expenses incurred here and most of these pieces are quite costly thus budgeting comes in handy to avoid risks such as debt. A suit in most occasions costs above one thousand to five thousand as the maximum payment needed for owning a well fitted suit.

Accessories needed in this outfit include:

- Scarf
- Leather gloves
- Overcoat
- Watch
- Tie bar



**BUSINESS FORMAL OUTFIT WITH A SCARF
AS AN ACCESSORY**

3. Classic 90s outfit plus cold weather accessories

Okay the third outfit that keeps men safe from the cold days is the classic 90s looks. These are looks that stand the test of time and will never be wiped out in the face of style. Looks like the ones icons Steve McQueen wore and those are turtlenecks, dad jeans, biker jackets, gloves, digital watches as accessories and bright colored windbreaker which were like rain coats or multi colored jackets.

For the colds I believe the wind breakers, leather gloves and turtlenecks will do some justice because they fight the cold and flu season right out of the door. There is a reason why stylish men who invest in classic pieces like these will never lose their confidence in dressing well it is because they invested in the 90s styles that were original, made from heavy materials and would always make a man look classic and clean.



MENS LEATHER GLOVES

ARE A CLASSIC PIECE

4. Smart casual outfit plus cold weather accessories

Okay the 4th outfit that keeps men safe from the cold days it is smart casual which is an attire that is geared towards casual wear but still needs to look a bit elegant and tidy. So, the men who have a love for casual wear do certainly wear such items in their day to day wardrobe.

This style requires a mixture of casual wear and classic wear. It is a fashionable look and it became a trend years ago and now the trending styles for 2023 are street wear chic where we see men pulling off chino pants with bucket hats and other cool pieces out there. Smart casual is the kind of outfit you can wear during casual events such as birthdays, soccer matches and a hangout with your buddies.

The accessories here can include bucket hats, tracksuits and bracelets and a scarf which is a non-negotiable accessory for beating the cold weather and for going out in public. If I were to take a guess what the majority of men wear on a daily basis it is smart casual outfits



SCARFS ARE A NECESSITY IN SMART CASUAL

5. Black tie outfit plus cold weather accessories

This is a popular classic item in a man's wardrobe and it must include a blazer or a dinner jacket and for the tie a bow tie preferably in black so as to match the theme of 'BLACK TIE'. This outfit it is a tuxedo and the tux as it is usually called, first originated in America, USA to be specific and it was a menswear piece named after Tuxedo Park, a Hudson Valley enclave for New York's social elites and it first popped up in 1888.

The cold weather accessories here can be the leather gloves ONLY in my own experience as a Fashion Blogger because here less is more and only one or two details are mandatory. Also, an outfit like this is way more formal thus little to none details are needed. Just look at the example below



THIS IS BLACK TIE

6. Semi-formal outfit plus cold weather accessories

Okay the last outfit that keep men safe from the cold days it is semi-formal outfit. This one is like a business attire that requires no formal additions towards it like neckties, suspenders, bow ties and cufflinks or tie bars are not needed. Items like plain dress shirts worn collar less are ideal, chino pants and formal trousers tucked in with belts are required and for the accessories, a watch would suffice and if it happens to get cooler to cold, bring on scally cap or flap cap or a fedora hat to keep the head warm.



THIS IS SEMI-FORMAL

About the author

Mthobisi Magagula is a 24 year old Writer based in Swaziland, Ezulwini and he is passionate about men's fashion, styles and blogging. This book *"6 OUTFITS THAT KEEP MEN SAFE FROM THE COLD DAYS"* is his first portable document book (PDF) for the year 2023. Mthobisi wrote this book because of the enthusiasm he has for teaching men about dressing, how to dress, what to dress for events and most importantly he believes that a man can achieve anything he wants in life only if he dresses for it.

Mthobisi Magagula began his writing in 2020 at a time when the world was petrified about the devastating effects of COVID-19 which took a big turmoil and negative spin in many areas, industries, education systems and daily life as well. His blog "MENS FASHION & STYLE BY MTHOBISI" was inceptioned around May 2020 when the country was in lockdown, Mthobisi thought of creating his own digital platform blog where he would share his thoughts, ideas and solutions to men's fashion. He has been nominated for "BEST BLOGGER" two times since 2021 at the award ceremonies held in Eswatini such as the Swazi Fest Writers Awards whereby in 2022 he once topped position 1 during the voting process in October last year. He once made it to the top 10 of the Social Media Awards hosted by Swazi Boy TV entertainment in 2021.

Mthobisi Magagula going forward wants to impact as many men with his writing and also launch his own store and clothing brand one day as well as be Head of Marketing for a company are his long term career goals.



**ESWATINI BASED AUTHOR AND MEN'S FASHION BLOGGER
MTHOBISI MAGAGULA**

